

# WEEKLY MENU

## WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Daily Soup With Fresh Baked Bread</b>	Leek and potato	Cream of pea	Tomato and basil	Mushroom and thyme	Carrot and cumin
<b>Chef's Dish of the Day</b>	Spaghetti Bolognaise	Margherita pizza	Red tractor chicken Malay coconut and potato curry with wholemeal & white rice	Roast pork served with sage and onion stuffing and apple sauce	Breaded Haddock goujons or mackerel fishcakes
<b>Vegetarian Dish of the Day</b>	Roasted Ratatouille and Quorn	Spicy bean burger	Cauliflower and chickpea masala	Quorn sausages with red onion gravy	Roasted vegetable and herb penne pasta
<b>Sides</b>	Garlic bread Sautéed courgettes Spiced cabbage	Diced herb potatoes Aubergine and peppers Roasted parsnip and swede	Bombay potatoes Steamed green beans Tomato & coriander salsa	Roast potatoes Sautéed cabbage Broccoli	Fresh cut wedges Baked beans Garden peas
<b>Fresh Salad Bar with Proteins, Fresh Fruit &amp; Yoghurt available everyday</b>					
<b>Dessert of the Day</b>	Low sugar carrot cake with cream cheese frosting	Lemon cheesecake with raspberry coulis	Orange jelly with fruit	Apple pie with custard	Cookie selection Banana smoothie

For allergen information please speak to a member of the team.

